

## Trainers Schedule - Jan - Apr 2017

### Revision A

				TUESDAY	WEDNESDAY
Sunday	Trainer 9:00	Heartfulness Intro Session @ 12:15	Trainer 12:30	Trainers for Open Sittings 4-7	Trainers for Open Sittings 5-7
Jan 1st	Anjali	Poonam	Gary	Usha (4-5)	Shanti Venkat or Prasad (5-7)
Jan 8th	Carl	Puneet	Prasad	Poonam or Puneet (4-7)	
Jan 15th	Chetan	Uma	Puneet	Dr Ready (6-7)	
Jan 22nd	Donna	Kashmira	Ravi		Backup - Puneet
Jan 29th	Gary	Chetan	Reddy		Backup - Suman
Feb 5th	Kashmira	Anjali	Shanthi Reddy		
Feb 12th	Kelly	Uma	Shanthi Venkat		
Feb 19th	Poonam	Puneet	Suman		
Feb 26th	Prasad	Poonam	Uma		
Mar 5th	Puneet	Kashmira	Usha		
Mar 12th	Ravi	Chetan	Vjay		
Mar 19th	Reddy	Carl	Chetan		
Mar 26th	Shanthi Reddy	Anjali	Donna	<b>Any other Trainers</b>	<b>Any other Trainers</b>
Apr 2nd	Shanthi Venkat	Uma	Gary	<b>Available are</b>	<b>Available are</b>
Apr 9th	Suman	Puneet	Kashmira	<b>Welcome to come</b>	<b>Welcome to come</b>
Apr 16th	Uma	Poonam	Kelly		
Apr 23rd	Usha	Kashmira	Poonam		
Apr 30th	Visiting Trainer	Babaji's Birthday	Visiting Trainer		

Everyone is welcome to help with Tue, Wed and Sat sittings. Please find a backup person to cover.

## Trainers Schedule - Jan - Apr 2017

### Revision A

THURSDAY			SATURDAY		MISC
DATE	Intro Session @ 7:15	Trainer 7:30	DATE	Trainers 9-12	Out Schedule
Jan 5th	Vjay	Ravi	Jan 7th	Gary, Shanthi Reddy,	Bruce - Jan -Mar
Jan 12th	Poonam	Shanti Reddy	Jan 14th	Kashmira, Shanthi Venkat	Gita - Jan - Mar
Jan 19th	Puneet	Shanti Venkat	Jan 21st	Suman, Uma	Suman - to Jan 8th
Jan 26th	Vjay	Suman	Jan 28th	Vjay, Poonam	Chetan/Kashmaire - to Jan 6th
Feb 2nd	Lalaji's Birthday	Visiting Prefect	Feb 4th	Chetan, Shanti Venkat	Lalaji's Bday - Feb 1st to 3rd
Feb 9th	Carl	Anjali	Feb 11th	Kashmira, Gary	Babaji's Bday - Apr 30th ?
Feb 16th	Poonam	Carl	Feb 18th	Suman, Uma	
Feb 23th	Puneet	Donna	Feb 25th	Puneet, Shanti Reddy	
Mar 2nd	Vjay	Poonam	Mar 4th	Vjay, Poonam	
Mar 9th	Anjali	Puneet	Mar 11th	Chetan, Shanti Venkat	
Mar 16th	Carl	Ravi	Mar 18th	Kashmira, Gary	
Mar 23rd	Poonam	Shanti Reddy	Mar 25th	Suman, Uma	
Mar 30th	Puneet	Shanti Venkat	Apr 1st	Puneet, Shanti Reddy	
Apr 6th	Vjay	Suman	Apr 8th	Vjay, Poonam	
Apr 13th	Anjali	Vijay	Apr 15th	Chetan, Shanti Venkat	
Apr 20th	Carl	Anjali	Apr 22th	Kashmira, Gary	
Apr 27th	Poonam	Carl	April 29th	Suman, Uma	
May 4th	Puneet	Donna	May 6th	Puneet, Shanti Reddy	

Everyone is welcome to help with Tue, Wed and Sat sittings. Please find a backup person to cover.